THE DONBURNIA



Donburn Primary School

Our goal is to provide a vibrant, attractive and safe teaching and learning environment, growing and evolving in harmony with the community.

Principal Julie Hoskin

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June 2021 ISSUE 6

Dear Parents/Carers

I hope you are all keeping well and safe during the lockdown.

Robert Young, the indigenous artist worked with all the students last week. They participated in a smoking ceremony and had an introduction to Victorian Indigenous history. The artwork in the Foundation playground looks amazing. Robert told the students the story of the wombats, Birrarung and Naroot. It was an excellent opportunity for our students to learn about our indigenous culture.

We have just heard that the lockdown will continue next week. Disappointing for everyone but hopefully we will get the desired result!

Congratulations to all the students who have been participating in the online learning. Parents have been a wonderful support to their children. Also thank you to the teachers for their work they are setting and the WebEx meetings. It is certainly a team effort.

I will send out another Onsite Booking form later today for parents to fill in for the next 5 days.

We have had some calls from parents about the Year 3 & 4 and Year 5 & 6 camps. We will notify everyone on Compass once we hear from the Department of Ed.

I am thrilled to announce that my daughter, Katelin had a baby last Friday, my first grandchild- Leo Thomas. Both baby and mother are doing well and the grandparents are very excited.

Take care and keep safe!

Kind regards

Julie



IMPORTANCE OF SLEEP AND IMPACTS ON LEARNING

How screen use affects sleep.

Your child needs enough good-quality sleep so they can play, learn and concentrate during the day.

Using screens can affect how quickly your child falls asleep and how long your child sleeps. This happens for several reasons:

• Screen use in the hour before bed can stimulate your child.

Blue light from televisions, computer screens, phones and tablets might suppress melatonin levels and delay sleepiness.

Your child might be tempted to stay up late to chat to friends or play games, or your

child might be disturbed in the night by notifications, messages or calls.

Reducing the effects of screen time on sleep. Here are some ways you can reduce the negative effect of screen time on your child's sleep:

- Avoid screen use in the hour before bedtime. This includes mobile phones, tablets, computer screens and TV. Encourage reading or quiet play instead.
- Limit and monitor violent content at any time of day. This can affect sleep regardless of the time and length of use.
- Encourage your child to connect with friends during the day rather than late in the evening.

Have a family rule that mobile phones and other devices are left in a family room overnight.

How much sleep do children need?

If you're concerned about how much sleep your child is getting, it can help to know that children need less sleep as they get older, but teenagers still need more sleep than adults:

Preschooler sleep needs: children aged 3-5 years need 10-13 hours of sleep a night.

School-age sleep needs: at this age children need 9-11 hours sleep a night.

Teenage sleep needs: teenagers need 8-10 hours of sleep a night.

HEALTHY SLEEP FOR SCHOOL KIDS

HEALTHER SCHOOL CHILD

SCHOOL CHILD

SEEPWALKING

ANXIETY

NIGHTMARES

SLEEP APNEA OR SNORING

**REULAR, HEALTHY SLEEP SCHEOUE
And take for unafter children, for school kink, coming up with and maintaining a regular, beathy sleep schodule is the number one solution to the problem.

**HEALTHY SLEEPING ENVIRONMENT
Creating a healthy sleeping a mirrormment is crucial too.

**RELAIMS BEDITME ROUTINE

Too can come up with a relaxing bedtime routine, which will help your kind calm down every night before bed for instance, taking a Bush; readings cit.

**AURI SCREEN AND GADBETS BEFORE BED
Again, the blue light that they eliminate might mess up your child's sleep regime.

**IMIT SCREEN TIME DURING THE DAY
To foll imits screen time during the day, And especially avoid scary
review of the verying and light to the evening.

**A REMPTY SIGNACE
Don't let you fail sleep on an empty storach. Also, make sure that the evening men all sort too heavy.

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CALENDAR OF EVENTS

Mon 31 May Years 1/2 Swimming Program (more information via COMPASS)

Mon 14 Jun Public Holiday

Tues 15 Jun Years 5/6 Camp Weekaway (more information via COMPASS)

Wed 23 Jun Years 3/4 Camp Manyung (more information via COMPASS)

Frid 23 Jul Pupil Free Day



Holidays, Pupil Free and Term Dates	
Public Holiday	Monday 14 June
School Holidays start	Saturday, 26 June
Term 3 starts	Monday, 12 July (10 weeks)
School Holidays start	Saturday, 18 September
Term 4 starts	Monday, 4 October (11 weeks)
School Holidays start	Saturday, 18 December

NUDE FOOD TUESDAYS

Winners of Nude Food Tuesdays!

We have had a brilliant start to "Nude Food Tuesdays".

The winners from the past few weeks are...

FA (Miss. Koh's class) and 4HS (Miss. Hartman-Smith's class).

The winners get to keep the "Golden Lunchbox" for a week!

From the Sustainability Captains, Viann and Joel.





1WT MINIBEAST INCURSION

I enjoyed seeing different mini beasts and learning new things about them. **By Aari**

I like the tarantula because it looked cool and I liked the worm because it has poison. **By Jordan**

I really enjoyed seeing the beetle because it was colourful and looked like a rainbow. I also had fun learning about the scorpion because it has a big venomous tail. **By Royce**

I really enjoyed touching the beetle because it was nice and smooth. I learnt that mini beasts can give people a bad sting!

By Caleb

I really enjoyed touching the stick insect because it was soft and gentle. **By Sienna**

My favourite part of the incursion was when they put the special light on the scorpion and when I got to pat the rainbow beetle. **By Sierra**

I had fun learning about the scorpion because it glowed in special light. I also liked touching the stick insect because it was soft. **By Ayden**

I liked the venomous spider and the rainbow beetle. We need to be very careful when we touch mini beasts. **By Dia**

I really enjoyed touching and seeing the colourful beetle because it was shiny and sparkly. I learnt that tarantula's are venomous and use their fangs to suck their prey. **By Nick**







I enjoyed learning about the funnel web spider and how it grabs its prey from a hole it covered in web! **By Jacob**

My favourite part about the incursion was listening and learning about mini beasts. Also, it was fun touching them. **By Reyansh**

I really enjoyed touching the Beatle because it was very cool. I learnt that the cockroach is a good thing. I had fun learning about insects because it was so fun. **By Mila**

1G MINIBEAST INCURSION

I was surprised when I saw a scorpion because I did not know that it had a stinger at the back. That is so cool. I had no idea it has poison. **By Alyssa** .T

I really enjoyed seeing the millipede because it has lots of tiny, little legs. I learnt that some beetles can glow in the dark. I was surprised that spider blood is blue. **By Sophia**

I really enjoyed touching and seeing the millipede because it has 200 legs. I learnt that some beetles have rainbow colours on the back case wings. **By Adele**

I liked seeing the tarantula spider called Talia and the millipede called Mary. By Kayla

It was interesting when they talked about the millipede that had 200 legs and was poisonous. I liked to touch the cockroach because it was clean. It was interesting when they talked about the centipede having 42 legs and it was so huge. **By Sashi**

I really enjoyed seeing the scorpion because it is so cool. I learnt about the tarantula and stick insect. **By Daniel**

I really enjoyed touching the leaf insect because it was so soft and it had good grip on the branch. I am not scared of leaf insects. **By Jet**

I got to touch a cockroach and I had fun! By Alfred

I really enjoyed touching and seeing the beetle and the leaf insect because the leaf insect looked like a crab. **By Keira**

I liked patting the mini beasts and hearing about spider webs. The tarantula made a web. **By Alyssa. R.**

Stick Insects have a skinny body and twigs for their legs. I felt all different feelings from touching them. Stick Insects are green so their predators can't find them. They are kind of scary. **By Claire**

I really enjoyed seeing the tarantula because I have never seen one before in real life. I learnt stick insects can camouflage. I was surprised the cockroach was so big. **By Ella**

My favourite part was seeing the praying mantis because it looked so beautiful. The best thing I did was touch the giant burrowing cockroach because its exoskeleton is very hard. I will always remember the tarantula because I love its hunting method. **By ZheYi**

I really enjoyed touching the millipede because it was so big compared to what I have seen in my garden. **By Lachie**

I learnt that centipedes have forty two legs. I was surprised I saw a scorpion and a tarantula. The tarantula was hairy and big. The cockroach was long and not like normal cockroaches. I was really happy because I get to read bug books and get to see them in real life! **By David**

I really enjoyed touching the cockroach because it looked cute and adorable. It was very strong and felt hard. I think it was the cutest of them all. **By Jake**







1B MINIBEAST INCURSION

On the 21st May my class had an incursion by Minibeast Wildlife. It was a lot of fun. I really enjoyed seeing the rainbow beetle because it looked pretty. I learnt that some mini beasts can camouflage really well. **By Naryi**

On the 21st of May my class had a visit from Minibeast Wildlife. It was lots

of fun because Tahlia brought mini beasts that were alive.

I touched all of them. I learnt that stick insects can have 30

babies at a time. By Tahlia

On the 21st May my class had its Minibeast incursion. I saw a stick insect and scorpion in real life. They were scary. I learnt that venom can kill! **By Hudson**

On the 21st of May my class had an incursion by Minibeast Wildlife. It was a lot of fun. I really enjoyed touching Steve the rainbow beetle because he was very smooth. I learnt that insects have brains but their brains are different to humans.



I really enjoyed touching the rainbow beetle because I liked the colour of it. I also liked touching the cockroach, it was so big. I enjoyed looking at the scorpions, the small one and the big one. I could not touch them because they were venomous. **By Eden**





I really enjoyed touching the rainbow beetle because it was beautiful. I learnt that the scorpion is not to be touched. I had fun learning from Minibeast Wildife. **By Rhosyn**

On the 21st May my class had an incursion by Minibeast Wildlife. It was lots of fun. I really enjoyed touching the rainbow beetle and seeing the cockroach. I had a fun day.

By Bella

On the 21st of May my class had a Minibeast Wildlife incursion. It was lots of fun. I really enjoyed touching/seeing the rainbow stag beetle because it was beautiful. The shell was also very shiny and hard. **By Benjamin**

On the 21st May my class had an incursion by Minibeast Wildlife. I really enjoyed seeing the spider because it was fun and strange. I learnt spiders eat insects, suck blood and live in the dark. **By Vincent**

On the 21st May my class had an incursion by Minibeast Wildlife. I really enjoyed touching the rainbow beetle because it was very hard and smooth. I learnt that all mini beasts have exoskeletons. **By Rida**

SUMMER SPORT - SOFTBALL, ROUNDERS AND TENNIS











SUMMER SPORT - CRICKET AND BASKETBALL







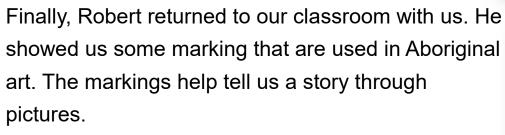
ROBERT YOUNG VISITS DONBURN

On Monday 24 May Robert Young, an indigenous artist, came to visit Donburn Primary School. We were Welcomed to Country by taking part in a Smoking Ceremony. Everyone went in a line and walked through the smoke.

Next, we went to the Foundation playground where Robert was painting two wombats on the wall. He told us a story about the two wombats, Narrot and Birrung, who were brothers. Narrot is the earth wombat and Birrung is the water wombat who caused the water to go into the Murray River.



After this we went to the indigenous garden near the Little A. Robert showed us the <u>tea tree</u> plant. If we have a cut or scrape we can rub the tee tree plant leaves on the cut and it will help kill the germs. He also showed us another plant we could eat and that the aboriginal people also used for making baskets. The seeds on the plant could also be used to make damper.



It was a very interesting incursion and we can not wait to see the finished wombat paintings in the playground.





ROBERT YOUNG VISITS DONBURN









"It was amazing and we learnt so much about indigenous culture and history.

We thought that we were very lucky to have this incursion on National Sorry Day

(26 May), as well as our time with Robert we also drew our own Dreamtime pictures and we worked on a class Indigenous banner to remember the important day"

By 3R

YEAR 6 GARDEN CLUB AND NAIDOC ACTIVITY

On the 19th of May the Year 6 Garden Club learnt how to prick out Bulbine Lily seedlings in preparation for Naidoc week, using a dibber. We transferred the seedlings into tubes (small pots) and then into our greenhouse.

The most challenging part of the procedure was separating the plants and making sure not to damage the roots and base of the plant. The easiest way to do this is to hold the plant by the leaf and use the dibber to loosen the soil around the plant and then lift the plant and place it in the tube. Garden Club has been a lot of fun and given us all great enjoyment. By Sarah T









EDUCATION WEEK ACTIVITIES

PEOPLE CHAINS, LEGO, MAB TOWER AND BIRD FEEDERS





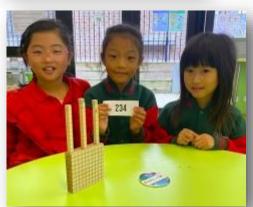


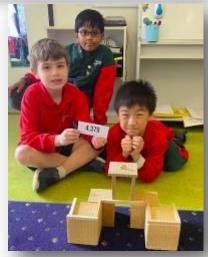
















EDUCATION WEEK ACTIVITIES FOIL FAMILY, CUP STACKING AND PINGPONG BALL RUNNERS



















WALK SAFELY TO SCHOOL





WALK SAFELY TO SCHOOL DAY

Thank you to all students, parents and carers and teachers who walked safely to school together on Monday May 10.

A lovely morning, we were at Donburn in no time as we chatted along the way, from Tunstall Square, Devon Plaza or the Edge Church.

It was a great way to start the day and to reduce traffic around Donburn.









Great effort everyone!

Mrs McInnes and the Active Travel Team

CHESS CLUB

Hello Everyone,

My name is Hamzah and I play chess on Tuesday in Chess Club. Chess at Donburn is amazing! We learn how to play chess, explore new tactics and the best part of all is that you learn from your mistakes. Chess Club is fun! Chess Club is every week on Tuesdays at lunch from 1:40pm to 2:20pm.



In my opinion as a year 6 student, I think that Chess is outstanding. They will turn you from a beginner to an expert in just a blink of an eye! We hope to see you at Chess Club.

By Hamzah



ART NEWS

Are you in Year 3, 4, 5 or 6? Do you like to draw? Do you like birds?





You are invited to enter a competition to design a poster!

The poster is to let people know about **shorebirds** — birds with long legs that wade in and near the sea to find food, and often fly many kilometres to Australia.

Many of these birds are threatened by people, pets and cars. This means they face extinction.

You can help raise awareness about these birds and their habitat, using your artistic skills.

You could also win gift cards, worth \$150 for you, and \$600 for Donburn! (run by **ANSTO** = Australian Nuclear Science and Technology Organisation)

For more information, see the ANSTO website -

https://www.ansto.gov.au/education/secondary/competitions/shorebirds-competition-2021

Mrs McInnes, Art Room

ART PRIZE FROM ZART FOR DONBURN STUDENTS



ZART - Donburn's Art materials supplier - is encouraging our budding artists to enter their Art Prize.

Donburn students are encouraged to complete an Australian-themed piece at home, take a photo and enter by the dates listed below.

For more information, see the website -:

https://www.zartart.com.au/zartstatic/page/student-art-prize

Inviting all young student artists to enter our National Student Art Prize – win for you & your school!

Create an artwork celebrating our theme

OUR CELEBRATION OF AUSTRALIA.

Artwork can be 2D (e.g. drawing, painting, sidewalk chalk drawing etc.) or 3D (e.g. sculpture, construction).

One entry only per student.

Important Dates

Entries Open: 14 June 2021 at 9:00am Entries Close: 19 July 2021 at 11:59pm

Shortlisted Finalists announced: 23 July 2021 at 1pm People's choice judging closes: 28 July 2021 at 5pm

National Student Art Prize Winner Announced: 30 July 2021 at 1pm.



WALK SAFELY TO SCHOOL DAY MONDAY 10 MAY, 2021

We are encouraging <u>all students</u> at Donburn and their carers to walk to school **safely** on this Monday

ACTIVE KIDS ARE HEALTHY KIDS

<u>It's fun</u> You can meet your friends and see things you would

miss while travelling in the car.

It's good for the environment

Less noise and carbon pollution.

It's healthier Great exercise.

TIP: Always hold an adult's hand when crossing the road.

Walk don't run.

If you live too far from school to walk, ask your parents to park the car a block or two further away than usual and walk to school together.

If you can be ready early, <u>you and your parents</u> can join a group of teachers walking safely to school on Monday (weather permitting).

Meet us to walk back from one of from these meeting places by 8.30am:-

- Tunstall Square, outside the TAB.
- 2. The Edge Church, at the corner of Blackburn Road and Woodhouse Rd.
- 3. Devon Plaza, outside Woolworths (near the entrance).

Parents— enjoy a coffee at a local café together when you walk back from school!

Walk to school together. Come and join us! ALWAYS WALK TO SCHOOL SAFELY!

COMMUNITY NEWS

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National Boys Choir of Australia Auditions for July 2021 and January 2022 intake

Notice for your School's newsletter

AUDITIONS - NATIONAL BOYS CHOIR OF AUSTRALIA

The National Boys Choir of Australia is about to hold preliminary auditions for boys in Grades 1 and 2 to commence in July 2021 or January 2022 intake. Auditions will take place from June. Auditions are free, informal, and take only a few minutes. The most promising candidates will be invited to a second audition at the Choir studios in Ringwood.

For over 50 years, the National Boys Choir of Australia has performed extensively both nationally and internationally, and regularly with the Melbourne Symphony and Opera Australia. The choir is also recognised from the Qantas 'I Still Call Australia Home' advertisements and performances at Carols by Candlelight each year.

If you would like to arrange an appointment for your son, or know someone else who might be interested, please visit the Choir website at https://nationalboyschoir.com.au/events/2021-auditions/



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One on one instrumental lessons

Piano Singing Guitar

\$30 for a half hour lesson

We are now taking enrolements for Term 2 instrumental lessons (all instruments listed)

Contact us for further information and how to enrol danieleshamusic@gmail.com

Daniel piano - 0435 835 287 Esha singing - 0488 799 926

If you are interested in learning an instrument that is not listed, please contact us.

We ensure that we will follow the COVID safe guidelines set by Donburn and by the Department of Education

IMPORTANT PHONE NUMBERS TO KEEP HANDY

Kids Help kidshelpline.com.au phone 1800 55 1800

Parent Line betterhealth.vic.gov.au phone 13 22 89

Headspace headspace.org.au phone 1800 650 890

eSafety Commissioner - **esafety.gov.au** - Advice for parents and carers to help children have safe experiences online



Using the app - COMPASS SCHOOL MANAGER APP

Using the web link - https://donburn-vic.compass.education
or click on the link on our web site - www.donburn.vic.edu.au

If you have a concern at any time regarding any issue to do with the school please feel free to mention it to Julie Hoskin (Principal) or Jarod Ryan (Assistant Principal).